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For Immediate Release

Insight Announces Participation in Investor Conference

NEW YORK – January 22, 2008 – Insight Communications today announced that John Abbot, executive vice president and chief financial officer, will present at the upcoming 2008 JPMorgan Global High Yield & Leverage Finance Conference.

Abbot is scheduled to present at the conference on Thursday, January 24, 2008 at 9:30 a.m. EST. The conference will be held at the Loews Miami Beach Hotel in Miami Beach, Fla.

About Insight Communications

Insight Communications is the tenth largest cable operator in the United States with approximately 713,000 customer relationships in the three contiguous states of Kentucky, Indiana and Ohio. Insight offers bundled, state-of-the-art video, high-speed Internet and voice telephony services to its customers.

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